

Ann Parker

Psychologist



Profile

Hi, I'm Ann, a Psychologist at Conscious Healthcare SA.

With over 19 years of experience in psychology, I am passionate about supporting individuals and families through comprehensive assessments and tailored interventions. I hold an Honours degree and a PhD in Psychology from the University of South Australia, as well as a Graduate Diploma in the Diagnosis and Assessment of Fetal Alcohol Spectrum Disorder (FASD) from the University of Western Australia. My career began with formal psychology training through the Intellectual Disability Services Council (IDSC) after working in academia and research, primarily at UniSA.

I specialise in psychological assessments for preschool and school-age children, focusing on diagnosing giftedness, intellectual disability, specific learning disorders (such as dyslexia), autism, ADHD, and FASD. Over the years, I have worked across a range of settings, including Disability SA, public and independent education systems, and private practice. My approach is strengths-based, helping individuals understand their abilities while identifying areas where support is needed to foster growth and confidence.

I am registered with the Australian Health Practitioner Regulation Agency (AHPRA) and a member of the Australian Psychological Society (APS), Australian Psychologists and Counsellors in Schools (APACS SA), Learning Difficulties Australia, and the SA Solution Focused Brief Therapy Community of Practice. I am also passionate about mentoring psychology students and early-career psychologists to help shape the future of the profession.

I believe that every individual has unique strengths, and my goal is to help clients and their families better understand their potential while providing meaningful strategies to support their development. I look forward to working with you to navigate challenges and achieve positive outcomes.

