

CHARLIE FRASER

Behaviour Support
Practitioner



PROFILE

Hi, I'm Charlie, a Positive Behaviour Support Practitioner here at Conscious Healthcare SA.

I hold an Honours degree in Psychological Science and a Bachelor of Criminology from Flinders University. I also bring experience across NDIS support coordination, psychosocial recovery coaching, and mentoring, where I've supported individuals and families to navigate complex systems and work toward meaningful, everyday goals.

My approach is holistic, person-centred, and grounded in empathy. I focus on creating a safe, non-judgemental space where you feel respected, understood, and supported from the very beginning.

In our work together, I take the time to really get to know you - your goals, your strengths, and what matters most to you. From there, we build practical, personalised strategies that support independence, confidence, and improved quality of life. I work closely with families, carers, and support teams to ensure consistency and positive outcomes across all environments.

As part of the PBS team at Conscious Healthcare SA, I work closely with experienced practitioners and receive ongoing supervision and support. This means you're not just supported by me - you're supported by a collaborative team focused on achieving the best possible outcomes for you.