

EMILY PALM

Behaviour Support
Practitioner



PROFILE

Hi, I'm Emily, a Behaviour Support Practitioner and Board Certified Behaviour Analyst (BCBA) here at Conscious Healthcare SA.

I hold a Bachelor of Health Science, a Graduate Certificate in Disability Studies, and a Master of Education in Applied Behaviour Analysis. I'm also a certified BCBA and have been fortunate to support many families on their journey of growth.

I've had the privilege of supporting children, adolescents, and families across a wide range of environments - homes, clinics, and schools. I'm deeply passionate about helping individuals thrive by improving their communication, building meaningful skills, and reducing behaviours that get in the way of daily life.

My approach is practical, ethical, and always client-centred. I draw from evidence-based principles of Applied Behaviour Analysis (ABA), while ensuring my work is neuro-affirming and grounded in each person's strengths, preferences, and goals. I take time to build connection and trust, knowing that feeling safe and understood is key to creating meaningful, long-lasting change.

Whether we're working together on developing daily routines, building social skills, or increasing communication and emotional regulation, my aim is to support each person to feel confident, capable, and empowered in their everyday life.