

PULKIT MALAAN

Behaviour Support
Practitioner



PROFILE

Hi, I'm Pulkit, a Positive Behaviour Support Practitioner here at Conscious Healthcare SA.

I hold a Master of Social Work from Flinders University and bring a background in healthcare, with experience supporting children, families, and individuals across a range of settings. Through this work, I've developed a strong understanding of the different challenges people can face at various stages of life.

My approach is patient, compassionate, and strengths-based. I'm passionate about creating a space where you feel heard, respected, and supported as we work together toward meaningful and practical goals.

In our sessions, I focus on building a strong, trusting relationship from the very beginning. Whether we're supporting young people navigating the pressures of today's fast-changing world, or working with adults to build confidence and independence in everyday life, my goal is to help you develop strategies that feel achievable and aligned with your needs.

As part of the PBS team at Conscious Healthcare SA, I work closely with experienced practitioners and receive ongoing supervision and support. This means you're not just supported by me - you're supported by a collaborative team focused on achieving the best possible outcomes for you.