

# ROWENA CORNISH

Behaviour Support  
Practitioner



## PROFILE

Hi, I'm Rowena Cornish, a Behaviour Support Practitioner and PBS Team Lead at Conscious Healthcare SA.

With over 20 years of experience as a Developmental Educator, I've supported individuals across community, accommodation, and employment settings to create meaningful, positive change in their lives. I hold a Bachelor of Applied Science (Disability Studies) and a Graduate Certificate in Project Management, and bring extensive experience in support coordination, behaviour support, and working within multidisciplinary teams.

My approach is person-centred, collaborative, and strengths-based. I take the time to understand who you are - your interests, routines, and what matters most to you - so we can develop practical strategies that support your independence, safety, and overall quality of life.

In our work together, I focus on creating a safe and supportive environment where you feel comfortable, heard, and actively involved in the process. I work closely with you and your support network to build strategies that are realistic, consistent, and meaningful across all areas of your life.

I have a particular interest in supporting teenagers and adults, including individuals with intellectual disabilities, autism, acquired brain injuries, and dementia. I am committed to ongoing learning and staying up to date with best practice in positive behaviour support, functional behaviour assessment, and trauma-informed care.

As PBS Team Lead at Conscious Healthcare SA, I also support and guide our practitioners to ensure every client receives consistent, high-quality care. This means that alongside your direct support, you benefit from the collective knowledge, experience, and collaboration of our entire PBS team.